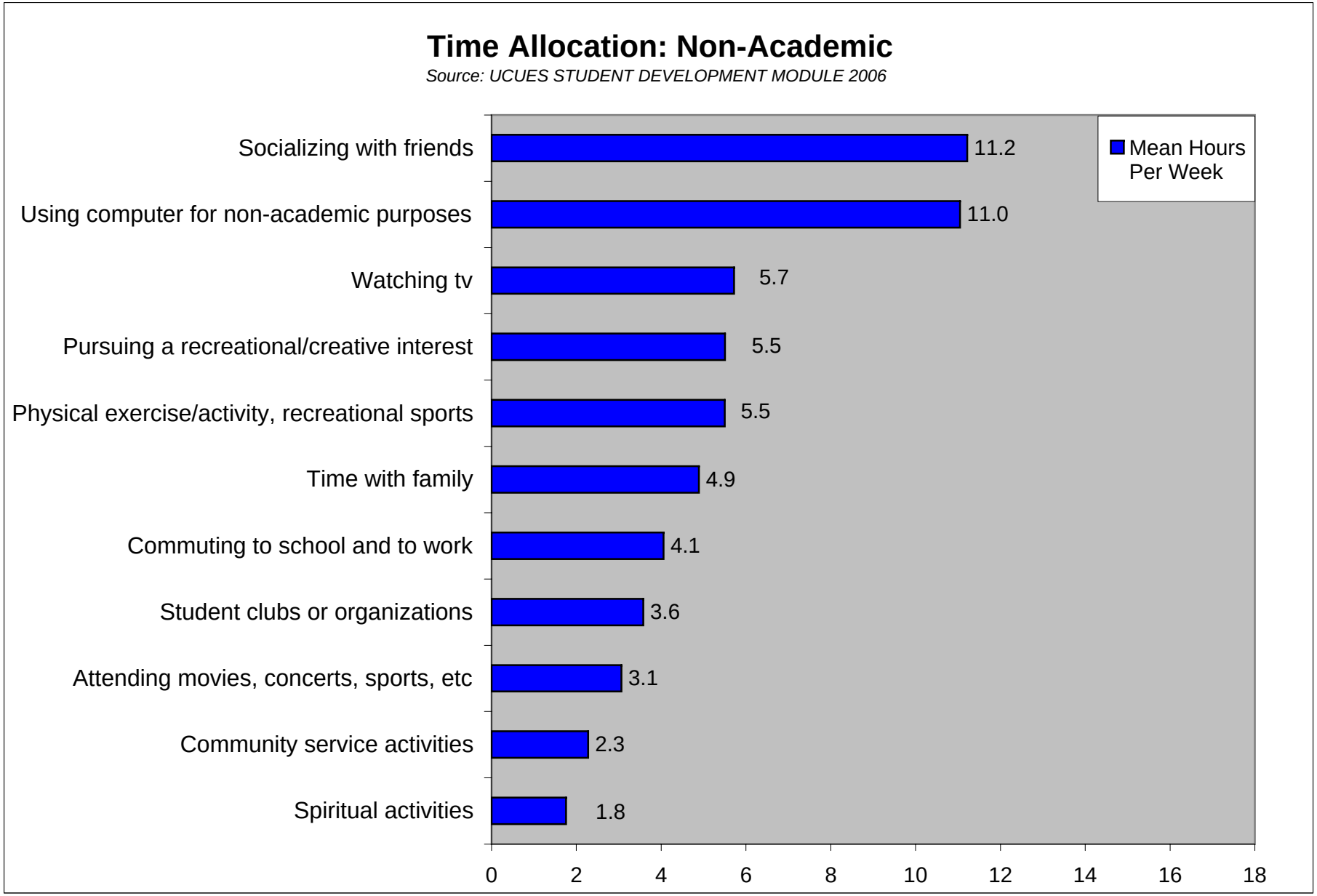
Time Allocation: Non-Academic
Source: UCUES STUDENT DEVELOPMENT MODULE 2006
Mean Hours Per Week
Socializing with friends
11.2
Using computer for non-academic purposes
11.0
Watching tv
5.7
Pursuing a recreational/creative interest
5.5
Physical exercise/activity, recreational sports
5.5
Time with family
4.9
Commuting to school and to work
4.1
Student clubs or organizations
3.6
Attending movies, concerts, sports, etc
3.1
Community service activities
2.3
Spiritual activities
1.8
0
2
4
6
8
10
12
14
16
18